

## **Confidential Health Record** Todays Date: \_\_\_\_/\_\_\_ Email: \_\_\_\_\_ City: Postal Code: Care Card #: Phone #: \_\_\_\_\_\_ Work #: \_\_\_\_\_ Birth Date: / / Family Doctor: \_\_\_\_\_\_\_Phone #: \_\_\_\_\_\_ ICBC/WSBC Claim #: \_\_\_\_\_ How did you find our clinic? Check one: ☐ Friend/Co-worker Name: \_\_\_\_\_\_ Emergency Contact:\_\_\_\_\_ Relation:\_\_\_\_\_ Phone #:\_\_\_\_\_ **Current Health History** Purpose of this appointment: Major complaint: \_\_\_\_\_\_ Do you have any condition other than that which you are now consulting us? Yes No If yes, please explain: Has your Doctor ever said that you a heart condition that can be aggravated or initiated by exercise? Yes Do you have chest pain brought on by physical activity? \_\_\_\_\_ Have you ever been cautioned to exercise ONLY under medical supervision? Yes No Other than your claim injury, do you have a bone or joint problem that may be aggravated by the physical activity of a whole body conditioning program? Yes No If yes, please list: \_\_\_\_\_ Past Health History Do you know of, or are unsure, if any of the following apply to you? Heart Condition Epilepsy 0 0 Currently Pregnant 0 Chest Pain 0 Allergies High / Low Blood Pressure Respiratory Condition Allergy to Latex Neurological Condition Spinal Injury Diabetes **Major Surgery / Operations** Hospitalization: Previous Physiotherapy care Doctor's name and approximate date of last visit: Have you been treated for any health conditions in the last year? Yes Questions answered with a YES, will be discussed with your Physiotherapist Comments: \_\_\_\_\_ I, the undersigned, do hereby consent to examination/treatment at BC Back Institute: Signature: Witness Signature: (Parent/Guardian if under 18 years) Witness Print Name:

All information provided will be held in strict confidence and used for internal purposes only BC Back Institute